John G. Theyos Fifth District NJ/DE

SPRING 2009

AHEROCE

American Hellenic Educational Progressive Association









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5th District Governor, Order of AHEPA THEODORE FANIKOS

Dear Brothers and Sisters:

I hope everyone had an enjoyable Easter and I am sure that we are all looking forward to the Spring. As we enjoyed the resurrection of our Lord, let us remember to continue to help one another and to make our brotherhood better than we found it.

A heartwarming event that our District participated in was our AHEPA family Christmas trip to the St. Basil Academy. The children performed Charles Dickens' "Christmas Carol" and it was a very touching day. Many chapters raised funds to present as Christmas gifts to the children and we need to continue such good works. I hope and pray that everyone attends this event next year to share in the holiday spirit as words do not do the experience justice. I also hope that we can continue to assist St. Basil's mandate throughout the year and not simply during the holidays.

Another wonderful event was the black tie dinner in support of AHEPA Cooley Anemia and the AHEPA Journey to Greece. This event was spearheaded by Supreme Governor Louis Arvantis and was a great success. Numerous brothers attended this event and over \$20,000 was raised for these causes.

In addition, our District is continuing to provide assistance to the motherland that was so deeply impacted by the prior wildfires. The district will be donating several computers and other items for the school that we adopted and we all should be proud.

As always, I have enjoyed my visitations with the entire lodge to all the chapters. It warms my heart to see our growth and all the good works that we do for our community. Numerous chapters raise funds and provide services for the Cancer Foundation, the Odyssey School and our scholarship funds to name but a few. All the chapters and brothers should be commended for their consistent hard work and efforts.

Our chapters and our brotherhood is also continuing to grow and bring in the youth. Be it through the mass initiations at the December event at Eleni's or at the St. Thomas event at Cherry Hill, we are welcoming new members to our brotherhood. This must continue and we must never cease

in our efforts. The status quo is not permissible and growth must happen as the alternative is unacceptable and unthinkable.

Moreover, we are looking forward to our District Convention hosted by the Trenton Chapter on June 5th, 6th and 7th. We have an exciting weekend planned with the opening ceremony on Friday evening. The convention meeting will begin Saturday morning and break for the Daughters of Penelope Luncheon. At this luncheon as always, scholarship awards will be presented to certain exceptional graduating high school students going onto college. Following the luncheon we will resume and then conclude the Convention meetings. We will then proceed to the Grand Banquet wherein we will present Chapter awards, Ahepan of the Year and other awards. This year's convention promises to be an exciting, fun and productive one and we hope to continue to our growth.

In closing, on behalf of the entire District Lodge, we thank you for your hospitality throughout the year and I hope to see you at the Convention.

5th District Governor, Daughters of Penelope DEMI THOMAS



Dear Sisters and Brothers, Christos Anesti!

What a wonderful year we have had in the Daughters of Penelope. These last few months have been filled with many amazing activities.

As I reflect back on my 2 years as District Governor I have such wonderful memories of great new friends and many old. What a privilege it has been to serve as District Governor of District 5. I want to thank all my sisters for giving me that opportunity to serve the District. I could not have accomplished anything without the support of my wonderful lodge and the sisters of my chapter Agape #336, thank you.

As I reflect on these past months I realize what a busy winter we have enjoyed. The

District lodge has attended many visitations and chapter functions. The Daughters of Penelope District 5 Salute to Women was held Sunday March 1, 2009, in Matawan NJ at the Buttonwood Manor. Dr. Vassilliki Karantza-Wadsworth was the 2009 Salute to Women recipient.

We held our first District Movie Night in Wyckoff, NJ. Sisters from around the District came to Wyckoff to sing, dance and of course watch "Mama Mia." It was an evening filled with fun and laughter.

The Annual District Luncheon was held in Allenhurst, NJ at Mr. C's Beach Bistro. Grand President Barbara Stavis-Wolf attended this event.

The District Convention will be held on June 5 and 6, 2009 in Trenton, NJ at the

Crowne Plaza exit 8A off the Turnpike. Please make every effort to attend. This is your chance to see old friends and make new ones. Scholarship winners will be announced at the Convention. Don't forget to send in your Scholarship applications. The deadline is April 25, 2009.

This year's National Convention will be held in San Francisco, California. Come find out why so many people leave their hearts in San Francisco. The convention will be held June 29-July 4, 2009 at the Hyatt Regency. Please join us for a week of fun and sister-hood.

Thank you for the memories, Demi Thomas District Governor District 5

Message From The Supreme Governor and Regional Director Louis Arvanitis

As my tenure as supreme Governor nears its end, I want to take this opportunity to thank all my AHEPAN Brothers and Sisters for their generous support and hospitality throughout my term in office.

The second half of my term as Supreme Governor began with the Supreme Lodge meeting in Tarpon Springs, FL. There we participated in the Epiphany Ceremony, including Church services, the annual Cross Recovery event with the participation of young swimmers from our community, and finally the banquet sponsored by the local chapter.

At the end of January, we held our regional banquet which was sponsored in its entirely by the very generous owners of the Graycliff, Tony Papamarkos and Spyros Georgatos. Therefore, the region was able to raise \$18,000.00 and half of that amount was donated to the Cooley's Anemia Foundation and the other half to the Journey to Greece Program. The event was a resounding success and I wish to extend my sincere thanks to these two kind business owners and the 300 plus attendees to the event. The success of this event indicates it is worth repeating. My thanks and gratitude to the donors of this event.

The second regional meeting was held at Stamatis Restaurant in NY and thankfully, it was as rewarding as the first one that had taken place in October with the presence of the Supreme Vice President. A salient topic of discussion at the meeting was the parade in New York which will include Districts 5, 6 and 7.

Another important event this year was the Greek Flag Raising Ceremonies in observance of Greek Independence Day that took place in several cities throughout the US on March 25. It is worth noting that the Flag Raising Ceremony in Yonkers, NY that I attended, was sponsored by Chapter 51.

I was honored to attend the meetings of



several Chapters as they initiated new members. The highlight of my tenure as Supreme Governor was the Greek Parade that has been taking place annually for the past 50 years in New York City. This year perhaps due to the splendid weather, it was attended by a particularly large contingent of Greek Americans who came from as far as Philadelphia to join us in NY. I feel honored in a very special way because I have been the 5th District's Parade Chairman for the past 11 years.

In closing, I congratulate in advance the new Supreme Governor that will be elected in July's elections and encourage him to keep up the good work, and wish him much success as he continues implementing all the programs AHEPA has initiated.

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District Lodge

AHEPA

Governor	Ted Fanikos
Lt. Governor	Phil Vogis
Secretary	George Horiates
Treasurer	Savas C. Tsivicos
Marshal	William Harrison
Warden	Sammy Thomas
Athletics Adv	isor Nick C. Mariolis
Sons Advisor	Ted Vittas

DOP

Governor Demi Thomas Lt. Governor Karen Marousis Secretary Roula Thasites Treasurer Robin Papagiannis Marshal Zoe Komninos Advisor Antoinette Marousis

District and National Websites

AHEPA Districts..... www.ahepafamily.org District Sports www.ahepasports.org

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PDG Louis Arvanitis, Business Mgr.

PDG Ted Vittas, Editor

Vassos Chrisanthou, PSG

PDG Steve A. Lioumis

PSG John A. Mehos

PSG Tom Pappas

PDG George Rigos

PDG Chris Sevast

PDG Stathia Maroussis

Daughters of Penelope Alexander #250



Te welcomed 2009 with two celebrations shared with our Brother AHEPAns. New Orleans Steakhouse in Wharton, NJ was the setting for our Christmas party and within a few short weeks, we welcomed 2009 with a combined New Year's Eve Party. Revelers enjoyed a delicious Prime Rib dinner, tempting desserts, champagne, music, and dancing in our St. Andrew Community Center. In addition to our "good times", we hosted two coffee/fellowship hours following church services at St. Andrew.

Spring is just about here, and we have begun to shake off the doldrums of a long, cold winter. Saturday March 14, we had a visitation from our DG Demi and DS Rula. We honored them with a sumptuous brunch which began with a Mimosa toast, welcoming them and wishing all a lovely spring. Kudos to Sister Mary Hadjiyerou for coordinating the brunch and thanks to all who donated lovely croissants, quiches, pastries and other goodies.

In the coming weeks and months we will be attending the District Luncheon and Convention. Locally, we are sponsoring a trip to Atlantic City, on AHEPA Sunday, we will host the coffee/fellowship hour and in June will be supporting the St. Andrew Festival. We will also award a scholarship to a deserving high school graduate. Our year closes with a combined farewell dinner with our Philoptochos.

President Anna Zavros and the Sisters of Alexander #250 look forward to seeing everyone at the district functions.

Monroe Chapter #75

HEPA Monroe Chapter #75 in Piscataway, NJ celebrated the Greek Independence at St. George Greek Orthodox Church on Sunday March 29th. This is a tradition maintained for many years. The officers of AHEPA and the officers of daughters Tethis followed by the Greek School Teachers and children dressed with National Greek customs march in church to celebrate a Doxology. Upon completion of Services all in attendance walked out in front of the church to watch the traditional laying of the wreath and raising of the Greek and the American flags, while they sang both national anthems and taps played by a bugle.

The high light of the day was a delicious luncheon in the AHEPA hall prepared by the Chapter members with the cooperation of the Daughters of Penelope and the enjoyment of 300 people.

On December 31st, AHEPA Monroe Chapter#75 with the Daughters of Penelope Tethis Chapter # 229, held their second successful New Year's Eve Party at St. George Church in Piscataway, NJ.

Many friends with their families joined us in celebrating the coming of the New Year. We enjoyed a scrumptious buffet prepared by Mangia Bouno Catering from Staten Island which was topped off by cake, miniature pastries and coffee.

The lively music of DJ brother Kostas Hatjoulis did an excellent job with a nice selection of Greek and American music that kept everyone dancing until two o'clock in the morning.

TOMS RIVER FESTIVAL

On June 12, 13 and 14, 2009, the AHEPA Family will be sponsoring its third annual Spring Festival called "A Taste of Greece." The AHEPA has made a commitment to reimburse the Saint Barbara Greek Orthodox Church in Toms River for the interior Church furnishings that were recently purchased by the Church. These interior furnishings are necessary for Saint Barbara's consecration.

Proceeds from the Spring Festival will be used to reimburse the Church for the following new furnishings: the bishop's throne, the second bishop's chair in the altar, the chanter's stand, and candle boxes and candle stands for the narthex. The AHEPA Family's two prior Spring Festivals resulted in cash donations of \$34,000 for Saint Barbara's new, interior Church furnishings.



THE AMERICAN FRIENDS OF THE NEW ACROPOLIS MUSEUM

It is my pleasure to inform you that The American Friends of the New Acropolis Museum (AFNAM) has just launched its official website: www.afnam.org. The American Friends of the New Acropolis Museum (AFNAM) was founded in July 2008 to raise awareness about the newly built state-of-the-art New Acropolis Museum and its invaluable treasures, and to strengthen ties between the Museum and the American public. Through public outreach and educational programs, AFNAM's goals are to encourage visitation of the Museum, to promote the study of its collections, as well as to promote exchanges between the Museum and American institutions through the development of cultural activities in the U.S., such as exhibitions, educational programs and professional and scholarly exchanges.

GALA BANQUET FOR COOLEYS ANEMIA AND EDUCATIONAL JOURNEY TO GREECE

Order of AHEPA Region #3



The officers of Alexander Hamilton Chapter are presenting to Mrs. Fanoula Gulas \$1,060 for the AHEPA Cooley's Anemia Foundation

n Friday evening January 30, 2009, Supreme Governor Louis Arvanitis of AHEPA Region 3, which includes John G. Thevos District 5 (New Jersey/Delaware) and Empire District 6 (New York), organized an eloquent banquet to benefit two worthy projects of the Order of AHEPA. At a black tie event sponsored by the proprietors of Graycliff Caterers of Northern New Jersey, Mr. Tony Papamarkos and Mr. Spyro Georgatos, the guests were treated to an elegant and festive evening. Despite the severely cold evening, some 350 Ahepans and their guests attended and enjoyed a magnificent cocktail hour, dinner with a



From Left: John Mehos, Phil Vogis, Ourania Kakoyannis which is wearing the prize of the raffle – a very elegant fur coat – and the Supreme President Louis Arvanitis

choice of three entrees, an elegant Viennese dessert bar, and the dynamic music of the Nick Koutras Orchestra, all donated by the Graycliff for the success of this benefit.

The affair began with a short program and greetings by honored guests Mrs. Fanoula Gullas, National Chairlady of Cooley's Anemia Foundation; Mrs. Demi Thomas, Fifth District Governor Daughters of Penelope; Ms. Stephany Maniatis, Grand President Maids of Athena; Mr. Theodore Fanikos, Fifth District Governor; Mr. Gus Drivas, Lieutenant Governor Sixth District (representing Stratis Vasilakos, District Governor). Main speaker of the evening was Dr. John Grossamanides, Supreme Secretary, who on behalf of Supreme President Ike Goullas presented Louis Arvanitis with an award for his outstanding service to the Order of AHEPA. Donations were requested of the guests that attended, instead of admission, and donations amounted to \$18,000.00. Supreme Governor



Arvanitis presented a check for \$8,500.00 to Mrs. Gullas for the Cooley's Anemia Foundation and the same amount will be set aside for the Educational Journey to Greece Program to be presented to of AHEPA students of the two Districts of Region 3 and throughout the Districts of AHEPA as they apply.

Highlight of the evening was the presentation by Supreme Governor and Chairman Louis Arvanitis of a Humanitarian Award to the sponsors and hosts of this fabulous evening Mr. Papamarkos and Mr. Georgatos. The band played until the wee hours of the morning to a crowd that enjoyed every moment of this outstanding event.

Congratulations Supreme Governor of Region 3 Louis Arvanitis and all who worked hard for the success of this Regional Benefit Banquet.

The American Hellenic Educational Progressive Association



(AHEPA) was founded on July 26, 1922 and is the largest and oldest American-based, Greek heritage grassroots membership organization. Philanthropy and volunteerism have been pillars of strength for AHEPA. From natural disaster relief to raising funds for the elimination of life-threatening diseases to making

significant contributions to our local neighborhoods, AHEPA is at the forefront of charitable giving. Although a majority of the membership is composed of Americans of Greek descent, application for membership is open to anyone who believes in the mission of the organization.

A THANK YOU NOTE TO GRAYCLIFF CATERERS

On Friday, January 30, 2009, an elegant affair was held at the Graycliff Caters in Moonachie, NJ, The event was organized under the sponsorship of the AHEPA Region #3 Supreme Governor, Louis Arvanitis.

This black tie affair was attended by over three hundred Ahepans of John G. Thevos District #5 of New Jersey and Delaware and Empire District #6.

The success of this event was imminent thanks to the proprietors of the Graycliff, Tony Papamarkou and Spyro Georgatos who provided the room at no charge. On the top of that, they offered an amazing cocktail hour with very tasty appetizers, a beautiful dinner with a choice of three entrees. The evening concluded with a delicious "Dessert Viennese Hour". They also provided a very entertaining live orchestra and an open bar for the entire evening. Their outstanding generosity spearheaded donations of over \$20,000 to help the Cooley's Anemia Foundation and the Educational Journey to Greece Program. The entire AHEPA family would like to express its warmest appreciation to Tony Papamarkou and Spyro Georgatos and we would like to wish them a great success to all their future endeavors.

Ahepan & Scout Master Tony Triant Honored at St Basils Academy

GARRISON, NY: About 150 Boy Scouts and Girl Scouts from New York and New Jersey took part in the 48th Annual Scout Religious Retreat at St. Basil's Academy over the October 10-12 weekend. Scouts attended services, received communion and participated in confession in addition to enjoying traditional Scouting activities like campfires and skits. Following the Liturgy on Sunday morning, Fr. Constantine Sitaras, director of St. Basil's Academy, and Fr. Anthony Falsanrella performed a memorial service for the late Tony Triant of Tenafly, NY, who for 38 years



chaired the annual retreat. His widow, Christine, and son, Anthony were presented with a street sign, "Tony Triant Street" which will be placed on a roadway that leads to the campsites. The retreat was presented by the Eastern Orthodox Committee on Scouting. Also taking part were Fr. Elias of holy Cross seminary, EOCS spiritual advisor Fr. Anastasios Pourakis, holy Cross seminarians, several priests who volunteered to hear confessions, and adult Scouts from Troop 23, Astoria, NY, who prepared meals..

District 5 Participates in the 18th Annual Hermes Expo



April 3, 4 & 5 capped off the proceedings of the 18th Annual Hermes Expo, the largest Greek American trade show in the world. This year the expo was held at the Tropicana Hotel & Casino in Atlantic City. Annually, District 5 is invited to attend the expo. A booth promoting the 5th District Cancer Research Foundation is part of the expo. It is manned by the District Lodge and volunteers and visited by hundreds, if not thousands, who attend the expo. At the booth are picture displays, applica-

tions for potential new members and more.

Once again this year, a bus load of Ahepans and some Daughters of Penelope attended the expo from Montvale, NJ. The bus was organized by Supreme Governor Louis Arvanitis and his McLouis Foundation.

This year, however, AHEPA participated in a new aspect of the weekend. On Friday evening a business mixer took place

of Ahepans and other Greek Americans. Later in the evening a benefit poker tournament was held for the District 5 Scholarship Fund. The events were organized by the Past District Governors, Steve Xanthacos and Lee Millas. This was not the first time that a fundraising poker tournament took place to support scholarships, however, it was the first time that it took place at the Hermes Expo.

On Saturday night, the Supreme Lodge of the AHEPA, lead by Supreme President



Supreme Lodge Honored at Expo Dinner

Ike Gulas, were some of the honorees of Brother Ahepan Paul Kotrotsios, the founder and annual producer of the Hermes Expo.

On hand at the Hermes Expo dinner was Supreme President Ike Gulas, VP Nick Karakostas, our Supreme Governor Louis Arvantitis and others, including the District 5 Lodge. The dinner is attended by hundreds and this year AHEPA was highlighted in a big way.



Vassiliki Karantza's Honoring was a Salute To Women



On Sunday March 1st, 2009 the Daughters of Penelope, District #5 held the Biennial Salute to Women. They honored Dr. Vassiliki Karantza-Wadsworth.

Dr. Vassiliki Karantza-Wadsworth was born in Athens, Greece. Vassiliki's late father was an economist and worked for the Ministry of Commerce and her mother worked in the Ministry of Internal Affairs. Vassiliki attended the University of Athens, departmentof Chemistry, where she gratuated second in her class in 1989 with a GPA of 9.20. Vassiliki came to the United States to pursue a Masters from Yale University, Department of Molecular Biophysics and Biochemistry, and a Ph.D from Hopkins University, Department of Biology.

It was during graduate school where Vassiliki realized that she needed to directly work with people and have the gratification that her work was positively affecting people's lives in an every-day and practical way. Vassiliki attended The University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, where she graduated second in her class in 2001. To best utilize her background in both science and Medicine, Vassiliki did a research-oriented Residency in Internal Medicine, and then a Felloship in Medical Oncology at Robert Wood Johnson Medical School and at the Cancer Institute of New Jersey.

In 2007, Vassiliki became an Assistant Professor of Medicine at the University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School and the Cancer Institute of New Jersey, and currently runs her own laboratory. Vassiliki is the leader of a research group that includes two graduate students, two post-

doctoral fellows, a senior technician, and an undergraduate student, as well as several national and international collaborations. Vassiliki has focused her research on the determination of the mechanisms contributing to breast cancer initiation and progression, and the mechanisms affecting responce to treatment. Vassiliki's goal is to combine basic breast cancer research with translational application. Thus, preclinical studies from her laboratory are, and will also be in the future, translated to rationally clinical trials, as to develop more effective anticancer drugs, particularly for



breast cancer. Vassiliki's basic and clinical research will hopefully expand our understanding of breast cancer prevention and successful treatment.

Vassiliki has received numerous grants to continue her research. Published in the Home News Tribune, Vassiliki stated "By exploring the full process of autophagy and its impact on breast cancer progression and treatment, we may have a great opportunity to develop more improved treatments for breast cancer patients in the future."

Dr. Vassiliki Karantza-Wadsworth, We Salute You.

News From Alexander Hamilton Chapter #54



hapter 54 supported the Cooley's Anemia Foundation and the Journey to Greece Program with an event held at GrayCliff and attended by more than 300 people. On behalf of Chapter 54, a check for \$1060.00 was presented to the National Chairman of the Coley's Anemia Foundation, Fanoula Goulas.

The Texas Hold Them event that took place at Eleni's Restaurant was successful in raising funds for the Journey to Greece Program and the AHEPA Academy.

At the February meeting held at the Land & Sea Diner, Theodore C. Argison was honored and presented with a 50-year pin.

We joined Ramapo Chapter 453 in a Flag Raising Ceremony commemorating Greek Independence Day in Hackensack, NJ.

Another dinner and meeting took place at Rudy's Restaurant to honor and present pins to

Individuals who have been members of AHEPA for at least 25 years. In addition, five members were initiated with P. S. G. John Mechos presiding over the initiation ceremony. A crowd of over 150 people attended the Maninakis event. The well-known comedian Elin Karis also performed.

Eight Brothers from Chapter 54 participated in the Greek Parade in NY City.

We are planning two events for the next few months. The first one is the scholarship recipients awads will take place in St. Athanasios Church in Paramus. The other one is the AHEPAN of the year and the honoring of the Past Presidents in River Edge Diner.

A committee has been formed for creating an AHEPA-Hellenic Cultural Center with other chapters.



Photo Memories from the Greek Independence Day Parade in New York













Ahepa Voice - SPRING 2009

TRENTON #72 NEWS

om all the brothers of the Trenton Chapter, we hope everyone had a Happy Easter. During the Winter, we have had many events and look forward to many more. We have participated in our monthly meetings, as well as our social workshop sessions every Monday night at the AHEPA Xen Microutsicos Hall.

We also had a wonderful Christmas Dinner on December 16th at the AHEPA Hall. We shared in each other's company and the food, drink and desserts were great. We also participated in the black tie dinner in support of AHEPA Cooley's Anemia and AHEPA Journey to Greece. This event was held on Friday, January 30th and was a wonderful event for a good cause. Over \$20,000 was raised for this program and was a great success. Congratulations to Supreme Governor Louis Arvanitis for running such a magnificent event.

During the Lenten period we should also remember those less fortunate than ourselves. Let us as brothers continue to help our communities and continue to raise funds for the needy, have clothing drives, food kitchens and/or blood drives. Let us strive to be examples and models for the youth and show them what brother-hood is about.

Moreover, our chapter continues to offer scholarships to children of the St. George Community as well as to outstanding student athletes from the Colonial Valley Conference. We will be having the Chapter's Scholarship Awards night in June to present them and we welcome everyone to the event. We will also be recognizing graduating students from high school and college. We must remember that the most important thing is the youth of our community and must continue to assist them in their endeavors as well

as be positive role models for them.

In regards to additional social events, for both the Spring and Summer, we will also be having fishing excursions as well as attending Yankee, Phillies and Trenton Thunder baseball games. We invite you and hope to see you there. I would like to thank all the brothers that make this organization a strong one and a growing one. I would like to thank everyone for their efforts with our fundraising project. I would like to especially thank Brother John Microutsicos who went far above and beyond. Furthermore, I would like to thank everyone for their hard work in renovating our AHEPA Hall and for the long overdue spring cleaning. The hall was fine before, but with our hard work looks fantastic and is something we can be even prouder of.

We are also looking forward to the District Convention. Our chapter is hosting the Convention on June 5th through 7th at the Crown Plaza Hotel in Jamesburg. The official opening will take place on Friday. As on Saturday there will be the business sessions of the AHEPA and the Daughters, the award luncheon and the Grand Banquet on Saturday evening. Brother Lee Millas will be serving as Convention Chairman in addition to his continuing capacity as member of the National AHEPA Board of Trustees. As Brother Ted Fanikos will be completing his successful year as District Governor.

The Trenton brothers are looking forward to seeing you at the Convention.

Submited by Asteris Fanikos Chapter President





Hosted by the Trenton Chapter No. 72

June 5 · 7, 2009

CROWN PLAZA HOTEL - MONROE TWP., NJ

Exit 8-A, N. J. Turnpike

For Reservations, call Hotel directly for Ahepa Convention rate - 609-655-4775

FRIDAY - JUNE 5TH

Registration - 3 to 9 PM Business Sessions (To be determined) OFFICIAL CONVENTION OPENING - 7 PM Welcome Night Reception to follow opening. (Additional Activity to be announced)

SATURDAY - JUNE 6TH

Registration - 9 AM to 2 PM
General Business Sessions - 9 to 5
DAUGHTERS OF PENELOPE LUNCHEON
(12 to 2 PM - Scholarship Awards)
AHEPA GRAND BANQUET
(Reception 6:30 PM - Dinner 7:30 PM)

SUNDAY - JUNE 7TH

Church Services St George, Trenton, NJ

Greek Flag Raising Ceremony Honors the 188th Anniversary of Greek Independence

Tuesday, March 24, 2009 – Hackensack, NJ – Members of the 3 Bergen County chapters of the AHEPA gathered at the Bergen County Administration Building in Hackensack, NJ to commemorate the 188th anniversary of Greek Independence Day. In a 40-minute ceremony held on the eve of the celebration, the Ahepans were joined by federal and county government officials as well as Greek American citizens throughout Bergen County.

Welcoming the Ahepans was Bergen County Executive Dennis McNerney and Ms. Wendy Martinez, Director Two proclamations followed, presented by the members of the US House Representatives. Representing Congressman Scott Garrett's office was Ms. Tatiana N. Marquis, followed by Mr. Matthew Rose of Congressman Steven Rothman's office. A bill recognizing the day will be put forth in the Congressional Record today. Ms. Risa Paster, Director of Communications, spoke on behalf of the Bergen County Board of Chosen Free-





holders. The ceremony ended with the singing of the Star Spangled Banner and finally the Greek national anthem was sung while the blue & white colors of the Greek flag were raised slowly up the center flagpole. The flag will fly for the full day on Wednesday, March 25th, which is the actual day of Greek independence.

The ceremony was a cooperative effort put together by the three AHEPA chapters in Bergen County: Ramapo #453 of Wyckoff, NJ, Alexander Hamilton #54 of Paramus, and The Bergen Knights #285 of Tenafly, as well as the District 5 Lodge of AHEPA. The women's affiliate of the AHEPA family, the Daughters of Penelope, was also present.

of Multicultural Community Affairs. The ceremony began shortly after 1pm on a sunny but breezy day. The Reverend James Moulketis, pastor of the St. Nicholas Greek Orthodox Church of Wyckoff, NJ began with a prayer. This was followed by remarks and a proclamation read by County Executive McNerney. Speaking on behalf of the Order of AHEPA was James Giokas, President of the Wyckoff Chapter of AHEPA, Ramapo Chapter #453.

THOMAS EDISON



#287



MEETING WITH GOVERNOR JON CORZINE



hristopher Christodoulou was born in Cairo, Egypt, in 1920, the son of Christos and Charicleia. In the fall of 1943, while attending the Theological School at the University of Athens, he was arrested by the Nazis and imprisoned for almost six months at the Haidari concentration camp on the outskirts of Athens for suspicion of spying against the Germans and for providing Greek and European Jews with false Christian identities to escape deportation to northern European concentration camps.

In 1944, after graduation from university, he was ordained a priest and later conferred the title of Archimandrite, the highest order of priesthood and entry into the candidacy for bishop. In 1947, Dr. Christodoulou came to America, where he received his master's degree from Columbia University and served as pastor of St. Barbara's in Manhattan, St. Demetrius in Jersey City and St. Spyridon, in Washington Heights, at the time the largest Greek Orthodox Community in North America.



In 1955 he decided to resign his position in the Church to marry Helen Dooros of Jersey City and went to Europe to continue his studies, receiving his doctoral degree from the University of Munich and pursuing post-doctoral studies at the University of Perugia. Upon his return to America in 1957, he organized his own commercial printing company, which still thrives today. After the 1974 military invasion of Cyprus, Archbishop Iakovos enlisted Christopher's efforts to direct the rehabilitation effort of the more than 200,000 Cypriot refugees on behalf of the Greek Orthodox Archdiocese. Archbishop and President of Cyprus Makarios III asked Christopher to organize and direct the Cyprus Relief Fund and the Cyprus Children's Fund. In 1975 he served as supreme president of the Cyprus Federation of America.

In 1998, he was awarded the Ellis Island Medal of Honor, which is widely recognized as the most prestigious award for immigrants of their offspring in the nation. He remained active throughout his entire life, publishing essays and giving lectures and seminars. In November 2008, he received the Cyprus Children's Fund award for his philanthropic services. On Friday, April 10, 2009, he drove himself to work to share his usual good spirits with his friends and colleagues.

On Monday, April 12, he walked into Morristown Memorial Hospital with his two sons at his side. The next day he went peacefully to sleep with his son and wife at his side with the dignity and courage that characterized his life. He is survived by his wife Helen; his sons, James and Zenon, and three granddaughters, Christina, Cipriana and Melina.

U.S. REPRESENTATIVE SCOTT GARRETT (R-NJ) JOINED THE AHEPA

hursday, February 19, 2009 – Glen Rock, NJ – US Representative Scott Garrett (R) of NJ was inducted into the Order of AHEPA, the largest Greek-American organization in the world. Congressman Garrett was sworn in today in a ceremony held at his eastern district office in Glen Rock, NJ. The ceremony was performed by the President of the Ramapo Chapter #453 Jim Giokas and Chapter Treasurer George Mellides. A total of 11 Ahepans were present at to witness the event.

Earlier this year, Congressman Scott Garrett was sworn in to his fourth term in the United States House of Representatives, representing New Jersey's Fifth Congressional District. He was first elected to Congress in 2002. Garrett serves on the House Financial Services and Budget Committees. He is a member of the Financial Services Subcommittees on Capital Markets, Insurance, and Government Sponsored Enterprises; Financial Institutions and Consumer Credit; and Housing and Community Opportunity.

The Congressman spent over thirty minutes with Supreme Governor Louis Arvanitis, Lieutenant Governor of District 5 Phil Vogis



and the members present to discuss issues of importance to the Order. These issues included public works projects such as the formation of charter schools and the building of senior citizens housing projects. Also discussed were public policy issues regarding the republics of Greece and Cyprus. The discussion on policy was lead by Savas Tsivicos, a member of the AHEPA Cyprus & Hellenic Affairs Committee and is also the AHEPA District 5 Treasurer.

Congressman Garrett is no stranger to AHEPA. He has met with the chapter before and had vowed to the chapter's VP of Civic Affairs Chuck Humblias to join AHEPA at a later time. That time is now.

In 2008, the Congressman was given a upper tier, 87% rating on Greek-American issues in AHEPA's Congressional Scorecard. The Congressman is also listed as a member of the Hellenic Caucus. A link to the score card can be found on AHEPA's Public Policy page, www.ahepa.org/policy.



The Congressman will be joining the Ramapo Chapter #453, New Jersey's largest AHEPA chapter, boasting 135 members. It is chartered in Wyckoff and serves the communities of north-western Bergen County. In 2007, the chapter was voted the Most Outstanding Chapter in AHEPA's 5th District. That year the chapter started an adult Greek language school that is now entering its 3rd year.hted, you traveled from the Lone Star State, Houston, Texas and participated in the event.

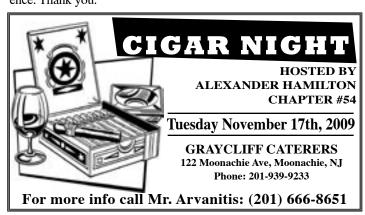
This is also an opportunity to thank all of you as well for attending, participating and sharing brotherhood with us. Certainly,

we're also proud we could share the fraternal experience with all of you. The event is the talk of the town in our region and has greatly enhanced AHEPA's image in the larger marketplace.

Joe Keane has performed brilliantly as Evzone President and his well earned Lifetime Achievement Award and his election as Chair of AHEPA's National Education Foundation is a fitting tribute to his committment to Hellenism, Education and Brotherhood. In addition, you saw first hand, Evzone is fortunate to have tiers of talented brothers who are top performers. This collection of professionals from diverse industries has made Evzone a very special chapter. In addition, vitually every member of our parish council are members of Evzone. And of course, Father Nick is our Chaplain.

Again, we're grateful for the support from the Supreme Lodge, the delegations from the Garden State, Yankee and

Empire State Districts and from Washington, D.C. It was the type of event that generates pride and enthusiasm and builds a desire to belong. That's what its all about. Indeed. it was a remarkable experience. Thank you.



AHEPA SUPPORTS GREEK INDEPENDENCE DAY PARADE IN PHILADELPHIA

District Governor Ted Fanikos Receives Special Award of Appreciation on Behalf of all Ahepans

On Sunday, March 29, 2009, the Ahepa Fifth District Lodge marched with dignitaries in the annual Greek Independence Day Parade sponsored by the Federation of Hellenic Societies of Philadelphia and Greater Delaware Valley. The event marked a watershed moment for Camden Chapter 69, which played an integral role in putting together the parade. Present with District Governor Ted Fanikos was Lieutenant Governor Phil Vogis, District Secretary George G. Horiates – who also served as parade chairperson, District Warden Sammy Thomas and Athletic Director Nick Mariolis.

Ahepa's involvement in the parade was in support of the southern part of our district, as Ahepa communities in Cherry Hill, Vineland, Wildwood, and Wilmington annually participate in the parade. The parade route was on the Ben Franklin Parkway, from City Hall to the famed steps of the Art Museum. The parade was supported by our Holy Metropolis as His Eminence Evangelos led the parade and presided over the dignataries at the review stand. The Veterans of



Foreign Wars, 13 church communities, over 20 Hellenic Societies and students from many major universities in Philadelphia participated in the parade.

The theme of the parade was "Liberty has it's Price". Due to many budgetary constraints, the City Of Philadelphia started the 2009 year with a new policy of charging for city services. Thus, the Federation was informed 6 weeks prior to the parade that the total amount billed by the City would be \$25,000.

Ahepa 69 of Cherry Hill, home of many of the federation officers,



hosted a "Dance For Freedom" on Saturday, March 21, 2009. The proceeds of the dance were to defray the costs of the parade. In attendance at the dance was District Governor Ted Fanikos and a plea was made to raise the funds. Through admissions and donations, over \$11,000 was raised. Federation President Pete Papadeas of Upper Darby PA was present and thanked the community and the local chapter, commenting, "When our ability to march to show our pride



in Hellenism to our children and to others is in jeopardy, AHEPA has stepped up...long live Ahepa."

District Governor Ted Fanikos was also recognized in a pre-parade reception the evening before the parade at Estia Restaurant. A wonderful time was had by all as Camden President Dimitrios Rozanitis recognized PDG George Burlotos for his efforts in promoting the parade on his "Greek Spirit" television show along with recognition of many of the other dignitaries.

On Sunday, the Fifth district lodge, along with Parade Marshall Hon. Zack Space - U.S. Congressman from Ohio, Agia Balta – Counsel to the Hellenic Republic and Andrew Kakouris - Ambassador to Cypress in addition to other guest representatives from the Greek Parliament were escorted to the reviewing stand to watch the parade. The Ahepa Fifth District banner was prominently displayed on the reviewing stand. After the parade, a reception was held at St. Demetrios Church where many volunteers, notably our District Lodge Secretary, Federation Vice President and Parade Chair George G. Horiates was recognized for his outstanding efforts. ZITO ELLAS!



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Greek Flag Raised at the City Hall of Yonkers





Left: Dr. Konstantine Flocas, President of the Community and also member of Ahepa, Father Nicholas Pilavas, Virginia Petas, Parish Council Member, Elias Tsekerides, V. President of the Parish Council and Secretary of the Chapter, holding the Proclamation, Supreme Governor Louis Arvanitis and George Kalyvas, Kalyvas' grand son. Right: George Kalyvas and his grand son, Elias Tsekerides, Virginia Petas, Louis Arvanitis addressing the gathering, in the back the Mayor's representative and two City Council members.

n March 25, Ahepa Chapter No. 51 with the Greek Community of Yonkers (Prophet Elias Church) raised the Greek Flag at the City Hall of Yonkers. There were members of Ahepa Chapter No. 51 among them, Elias Tsekerides, Chapter Secretary and P.D.G. and P.S.G., George Kalyvas, P.D.G. and P.S.G., James Florakis, George Mouyios and of course our Supreme Governor, Loui Arvanitis, members of the Community and elected officials.

The representative of the Mayor gave a Proclamation to the Com-

munity and to the Ahepa Chapter, which started this event back in 1958

Present were the City Council President, Chuck Lesnick and several council members and also a representative of Asseblyman Michael Spano, who himself is an Ahepa brother. The daughters of Penelope were represented by Bessy Kalyvas, P.D.G. and Freda Tsekerides, also P.D.G. Following the Flag raising there was a reception given by the Mayor's office.

JIM POULETSOS (1915-2009)

Jim Pouletsos, the genial, jowly candy maker who for decades ran Conrad's Confectionery in Westwood, died Tuesday. He was 94.

Established by Fred Conrad in 1928, Conrad's is a Pascack Valley institution, and so was Mr. Pouletsos.

He started there as a soda jerk in the 1930s and was made a partner in the store — its soda fountain the backdrop for countless first dates — after returning from World War II.



He became sole owner in the 1960s and passed the reins to his daughter and son-in-law, Corinne and John Krachtus, in 1985. "But he still came back every day to hand-dip chocolates for us," John Krachtus said.

"Jim was a soda jerk, a candy maker, in the best sense of the word," said Lee Tremble, owner of the Iron Horse Inn in Westwood and a founder of the Westwood Heritage Society.

"He came from somewhere else, but as far as I'm concerned he was all about Westwood."

As a kid, Tremble downed cherry Cokes, chocolate egg creams and malteds made by Mr. Pouletsos. He was an active member of AHEPA Alexander Hamilton Chapter #54 more than 40 years.

He is survived by his wife of 62 years, Irene; daughters Corinne Krachtus of Westwood and Elaine Miller of Stafford, Va.; three brothers, one sister, and five grandchildren.

Another daughter, Daphne Pouletsos, worked at Aon Corp. in the World Trade Center and died in the 9/11 terrorist attack. "That's kind of when he stopped everything," his daughter Corinne said. "He kind of just gave up."



Sons of Pericles and Maids of Athena Joint Fundraising Efforts To Benefit Cooley's Anemia Foundation



s the Chairman of the National Project Committee for the 2008-2009 Sons of Pericles Supreme Lodge, it is with great pleasure and joy that I report to the AHEPA family our accomplishments over the past year. The joint lodges of the Sons of Pericles and the Maids of Athena, have chosen two years standing to focus our combined fundraising efforts to benefit the Cooley's Anemia Foundation.

During the 2007-2008 year, the joint lodges chose a raffle as our primary means to raise funds. The joint lodges worked very hard to secure a number of different donations, including round trip airfare to Greece for two, as well as numerous other prizes. The fundraiser was a great success, contributing to a total amount raised of over \$10,000 between the two lodges. The lodges are very eager to present their funds to the AHEPA Cooley's Anemia Foundation at the upcoming Supreme Convention in San Francisco.

For the 2008-2009 year, the lodges have once more chosen the Cooley's Anemia Foundation as their national project, and due to its prior success, adopted a raffle as the principal fundraiser. We are very eager to again combine our efforts to benefit such a worthy cause, which has hitherto drawn not nearly enough attention as it should have. In the line up for this years raffle are, for first prize, a cash reward, as well as a number of other prizes, including a flat screen TV.

We are very excited for a new year of continued growth for our Order, and for continued success with our fundraising efforts. But, it is only with the unwavering support of the AHEPA family, which we the youth can be successful with anything we decide to pursue. This year one of our top priorities is to once again benefit the Cooley's Anemia Foundation with our fundraising efforts, and we call for all of the AHEPA family to help us as much as they can to be successful once more.

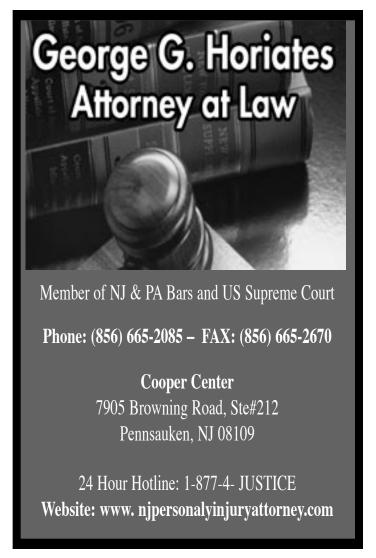
SONS OF PERICLES AGE RANGE

uestions have recently arisen regarding the age range of the Sons of Pericles. Some believe the span of 14-27 years of age is too wide. However, the benefits of this age span are overwhelming. By joining the Sons of Pericles at the age of fourteen, I learned the importance of brotherhood, responsibility, and how to continue the rich traditions of our culture.

Perhaps, the most important thing that comes out of this is the bond of brotherhood. Brotherhood has no age range in real life, nor does it in the Sons. Both my local chapter and the Supreme Lodge made me feel important and helped me realize what the Sons were all about; a band of brothers who care about others and wish to help them. The importance of each member, no matter how young, displayed by the order, is the picturesque definition of a "Brotherhood".

The bonds of brotherhood that I have learned from being a Son are lessons that I find myself using throughout my life. The kindness shown by my brothers provided a foundation for me to grow as a Son and as a contributor to society. There is no doubt that I look forward to continuing to be a part of the AHEPA family and sharing the values I have learned with future young members. Through the virtues of the Sons, all the kindness, all the lessons learned, and all that the organization stands for I am extremely proud to say: "I am a member of the Sons of Pericles."

Fraternally, Michael Michalopulos Supreme Governor, Sons of Pericles



WESTERN REGIONAL BASKETBALL TOURNEY

ver Martin Luther King Weekend – January 16-19, 2009 – the Sons of Pericles Supreme Lodge hosted their annual Western Regional Basketball Tournament in Los Angeles, CA. The Sons attempted to make this more than just a basketball tournament, hoping to bring Sons, Maids and other Greek youth together from all over the country. The weekend was named "Greeks in LA on MLK". The tournament featured thirteen basketball teams comprised of Sons from all over the country. While a majority of the teams were from California; there were also teams who traveled from Tucson, AZ and Middlesex, NJ, Wyckoff, NJ and Salt Lake City, UT.

The weekend started on Friday night when the teams congregated in the boardroom of the Hilton in the Brentwood section of Los Angeles, CA for the Selection Show. As these individuals eagerly awaited the results of whom they would play and what time they would have to wake up the next morning, the tournament was organized in a double-elimination fashion.

The tournament was not only about basketball, however, as the Sons Supreme Lodge, with the help of DJ Gus Sverkos (gus_sverkos@yahoo.com), set up various nightly events for those who came into town for the tournament. On Friday night and Sunday night, parties were thrown at Central in Hollywood, CA. Hundreds of Greeks danced and partied to both Greek and American music.



Saturday was all about basketball. The tournament was held at the beautiful Student Activities Center on the even more beautiful UCLA Campus. Games were held from 10AM to 3PM with three courts running at the same time to allow people to play basketball but also enjoy all that Los Angeles has to offer. By the time Sunday rolled around, only the Final Four teams were left. In the end, First Place went to Middlesex, NJ. Second Place went to San Francisco, CA and in Third Place was Wyckoff, NJ. The Tournament MVP was to Elias Karas of Middlesex, NJ.

The weekend was another huge success and the Sons Supreme Lodge plan to continue the tradition for years to come. It was not only about fun and basketball however. Through the different activities, parties, basketball, and t-shirt sales the Sons of Pericles were able to raise over \$2,500 for the Sons' National Project – The AHEPA Cooley's Anemia Foundation.

WYCKOFF SONS(PATRITHA #317) REPORT



he Wyckoff, NJ chapter of the Sons of Pericles, Patritha Chapter #317, spent a weekend in the Poconos on February 14 – 16 to initiate two new members and share in weekend of fun and brotherhood. The fun included, snow tubing, swimming, gaming and shopping at the flea

markets. Being initiated into the chapter were Vasilios Ikonomidis and Nick Apostolou. The new members went through the initiation ritual conducted by chapter officers: Chris Christodoulou, Vice President, John Vittas, Secretary, Arthur Kominos, District Marshal and Joe Katsikiotis, Athletic Director. The trip was the second of what is hoped will be an annual event. Work was combined with fun to make for a memorable President's weekend.

The chapter is busily preparing for the 4th Annual Jersey Basketball Tournament which will be hosted by the Patritha chapter on the weekend of May 8, 9 & 10. It will include about 10 teams participating. The weekend will kick off with a fund raiser for the Cooley's Anemia Foundation in Astoria, NY. In addition to 4 teams from New Jersey, teams are expected from as far away as Virginia, Philadelphia, New York & Massachusetts.

On Sunday, April 26th four members of the chapter joined other Sons of Pericles from New York, New Jersey and Connecticut at the Greek Independence Day parade in New York City. The marchers were lead by our own member Dean Tselepis, Supreme Vice President of the Sons.

In closing, the chapter hosted coffee hour after church services at St Nicholas Church during the month of February.



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Saturday, October 3rd

8-10:00 a.m. Full Breakfast

Afternoon at your leisure along the Boardwalk or one of the optional activities: Atlantic City casinos, Historic Cape May, or Monster Truck Races

6:00 p.m. Fabulous Filet Mignon Dinner & Dancing



Sunday, October 4th

8-10:00 a.m. Full Breakfast

9:00 a.m. Orthros (Matins) begins at St. Demetrios Church

10:00 a.m. Divine Liturgy begins

12:30 p.m. Farewell Luncheon

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Daughters of Penelope District 5 News

Movie Night:

Our first District "Ladies Night at the Movies" was held Friday, February 13 at St. Nicholas in Wyckoff. We sang and danced while



watching "Mama Mia". Upon entering the room each sister was given a bag of popcorn, a bottle of water, and a small bowl of chocolates. What more do you need? Those of us who attended had a fabulous time. We certainly laughed a lot.

The District Lodge has volunteered to take the show on the road and host "Ladies Night at the Movies" to any District 5 chapter who would like their own movie night. The District Lodge will provide the movie, projector, popcorn, water and candy. All you need are sisters to attend. You tell us when and where and we do the rest.

District Luncheon:

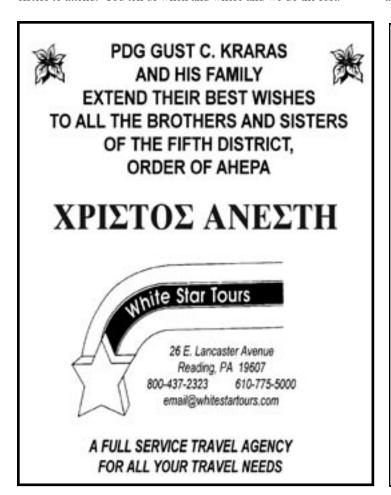
Grand President Barbara Stavis-Wolf attended the annual District Luncheon in Allenhurst, NJ, at the shore. Grand President Barbara and District Governor Demi go way back to when they were both on the Maids Grand Lodge.

The theme of this year's luncheon was "Baby Shower." It was in honor of the District Governor who is not pregnant but, never had a baby shower. It was a total surprise to District Governor Demi. The

entire District kept that secret for a full year. It seems that everyone was in on the secret, from the Grand President of the Daughters of Penelope to District Governor's husband, Sammy. It was a wonderful day. Over



60 women attended the luncheon. Each chapter designed center pieces out of baby clothing, diapers and other baby paraphernalia in the shapes of cakes, castles and many other creative shapes. The day continued with the chapter presidents reading their annual chapter reports. The District Raffles were also held that day. Everyone enjoyed a day of laughter, friendship and Sisterhood.



ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ

to our Brothers and Sisters in District Five



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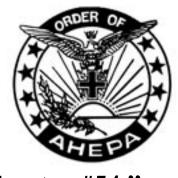
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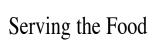






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